

Food Labelling Tolerance Levels

The acceptable level of tolerance permitted in the UK for macronutrients. The level of tolerance decreases as the level of the macronutrient in a product increases.

Major macronutrients: Protein, Fat, Carbohydrates (including sugars) and Dietary fibre

Declared Values	Recommended Tolerance
More than 5%	+/- 20% of the declared value
More than 2% and less than 5%	+/- 30% of the declared value
Less than 2	Use discretion based on the specific individual circumstances

Note 1: For those values above 5% seasonal/natural variability should be considered for meat.

Note 2: For wholemeal cereal products and saturated fats, higher tolerances may apply.